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Favorite Easy Healthy Recipes For Using Rotisserie Chicken

Favorite *Easy* Healthy Recipes for Using



Martha McKinnon



Synopsis

In these busy times, rotisserie chicken is an easy, healthy solution to the "Whatâ™s for dinner?" dilemma. It makes a great base for all kinds of meals. In *Favorite Easy Healthy Recipes Using Rotisserie Chicken*, Martha McKinnon shares more than 35 easy, healthy and delicious recipes using rotisserie chicken that can help make getting dinner on the table easy and effortless. This collection of easy healthy recipes will help you transform your rotisserie chicken into new and interesting meals. Youâ™ll find soups, salads, sandwiches, pizzas, pastas, casseroles and more. And these recipes are all Weight Watchers friendly too. As a long time Weight Watchers lifetime member, Martha knows how important it is to have quick, healthy and delicious recipes that include nutrition information and Weight Watchers PointsPlus too. This collection of rotisserie chicken recipes includes: Sandwiches & Pizza: Monterey Chicken Melt, Mediterranean Chicken Wraps, Chicken Tacos with Salsa Verde, BBQ Chicken Quesadillas, Chicken Flatbread with Salsa Verde, White Beans and Corn, Buffalo Chicken Pizza, BBQ Chicken Pizza, Chicken French Bread Pizza. Soups & Salads: Chicken Vegetable Barley Soup, Asian Chicken Noodle Soup, Chicken White Bean Salsa Soup, Chunky Chicken Pasta Soup, Chicken Strawberry Salad, Chicken Waldorf Salad, Brown Rice and Chicken Salad, Edamame Salad with Chicken, Skinny Curried Chicken Salad, Quick and Easy Chicken Caesar Salad, Quinoa Chicken Salad with Dried Fruit, Asian Chicken Salad, Grilled Corn and Chicken Tostadas, Warm Chicken Spinach Salad with Mustard-Thyme Vinaigrette. Pasta: Easy Chicken Alfredo, Broccoli Pesto and Chicken Spaghetti, Chicken with Roasted Peppers and Couscous, Tomato Chicken Feta Pasta, Chicken Pesto Pasta, Ranch Chicken Pasta. Casseroles: Impossibly Easy Chicken Broccoli Pie, Easy Green Chicken Enchiladas, Chicken Stuffing Bake, Fiesta Chicken Lasagna, Creamy Chicken Noodle Casserole, Easy Chicken Tortilla Casserole, Chicken Enchilada Casserole. Mommaâ™s Chicken and Biscuit Pot Pie. Weâ™re confident these favorite recipes will become hits with your family too.

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Customer Reviews

I browsed through it once and haven't really had a chance to do any of the recipes. This book is very simple.

Wonderful recipes

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